



1712 '98 FEB 18 A8:55

December 15, 1997



Ms. Linda S. Kahl, Ph.D.  
Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, S.W. (HFS-450)  
Washington, DC 20204

Dear Dr. Kahl:

Pursuant to section 403(r)(6) of the Dietary supplement Health and Education Act of 1994 ("DSHEA"), General Nutrition Corporation, located at 300 Sixth Avenue, Pittsburgh, Pennsylvania 15222 ("GNC"), hereby notifies the Food and Drug Administration that it is marketing dietary supplements that bear a nutritional support statement on their labels. Enclosed please find a listing of the products and their statements of nutritional support.

As required, the product labels contain the disclaimer that this statement has not been evaluated by the Food and Drug Administration and that the product is not intended to diagnose, treat, cure, or prevent any disease. Two (2) copies of this notification are enclosed for your convenience.

On behalf of GNC, I hereby certify that the information contained in this notice is complete and accurate and that GNC has substantiation that the statements are truthful and not misleading.

Very truly yours,

John P. Troup  
Vice President  
Scientific Affairs

JPT:mo  
Enclosures

975-0162

LET1051  
975-5726

## Structure Function Statement

| DESCRIPTION                 | CODE NO. | SIZE | STRUCTURE FUNCTION STATEMENT   |
|-----------------------------|----------|------|--|
| <b>ACEYTL L CARNITINE</b>   |          |      |  |
| Optibolic System LF         | 932511   |      | Helps the transport of long-chain fatty acids.                           |
| GNC Acetyl-L Carnitine      | 044211   |      | Acetyl-L-Carnitine facilitates the metabolism of long chain fatty acids. |
| Women's Thermogenic Formula | 359011   |      |  |

|   |        |     |   |
|---|--------|-----|---|
| <b>ACIDOPHILUS</b>  |        |     |   |
| Natural Brand Ultra Acidophilus                                     | 088512 | 90  | Acidophilus, Bifidus & Bulgaricus promote the health of the digestive tract.  |
| Natural Brand Mega Acidophilus                                      | 021311 | 90  | Acidophilus organism help maintain a healthy digestive tract.   |
| Natural Brand Potent Acidophilus                                    | 020511 | 100 |   |
| Natural Brand Freeze Dried Acidophilus                              | 020615 | 100 |   |
| Natural Brands Freeze Dried Acidophilus                             | 020625 | 200 |   |
| Nature's Northwest Probiotic Formula<br>with Fructo-oligosaccharide | 731075 | 60  | Acidophilus organisms help maintain a healthy digestive tract. FOS helps acidophilus to flourish in the intestines. |

|  |        |  |  |
|--|--------|--|--|
| <b>ALPHA KETOGLUTARATE</b>             |        |  |  |
| Pro Performance Glutamine aKG Creatine | 756311 |  | aKG (alpha Ketoglutarate) is involved in amino acid availability and is part of protein synthesis. |

|                                   |        |  |   |
|-----------------------------------|--------|--|---|
| <b>AMINO ACIDS</b>                |        |  |   |
| Pro RX                            | 090938 |  | Amino acids are involved in protein syntheses and help maintain nitrogen balance in the body. |
| Pro RX                            | 090939 |  |   |
| Pro RX                            | 090940 |  |   |
| Pro RX                            | 090941 |  |   |
| Pro Performance Ion Exchange Whey | 658715 |  |   |
| Pro Performance Ion Exchange Whey | 658735 |  |   |

|   |        |  |   |
|---|--------|--|---|
| <b>BETA-CAROTENE</b>                                      |        |  |   |
| Children's Multiple Vitamins + Minerals                   | 048321 |  | Beta-Carotene is a precursor to Vitamin A which is essential for normal vision. |
| Children's Multi Vitamins & Min. + Calcium                | 084411 |  |   |
| Children's Multi vitamin + Iron                           | 038611 |  |   |
| Women's Pre-Natal Formula                                 | 104511 |  |   |
| GNC Preventron  | 058911 |  |   |
| Nature's Northwest Beta Carotene                          | 100175 |  |   |
| Nature's Northwest Beta Carotene<br>Protector Antioxidant | 086275 |  |   |

| BIOTIN                              |        |  |   |
|-------------------------------------|--------|--|---|
| GNC Biotin 600mcg                   | 124811 |  | Biotin functions as a coenzyme in metabolism. |
| Nature's Northwest Biotin B-Complex | 279275 |  |   |
| Factor                              |        |  |   |

| CALCIUM                                   |        |  |   |
|---|--------|--|---|
| Women's VitamPak 50+                      | 356211 |  | Calcium and magnesium are essential for building teeth and bones.                 |
| Women's Menopause Vitapak                 | 357911 |  |   |
| Women's Maximum Nutrition System          | 358511 |  |   |
| Men's DHEA VitaPak                        | 543411 |  |   |
| GNC Solotron                              | 101622 |  |   |
| GNC Preventron                            | 058911 |  |   |
| Children's Multiple Vitamins + Minerals   | 048321 |  |   |
| Children's Multi Vitamin & Min. + Calcium | 084411 |  |   |
| Children's Multi Vitamin + Iron           | 038611 |  |   |
| GNC Multi-gel                             | 112721 |  |   |
| GNC Multi-gel                             | 112711 |  |   |
| GNC Solotron Plus                         | 095711 |  |   |
| GNC Solotron                              | 101612 |  |   |
| GNC Solotron                              | 101642 |  |   |
| Women's Pre-Natal Formula                 | 104511 |  |   |
| Men's Maximum Nutrition System            | 358411 |  |   |
| GNC Calcium Citrate Malate                | 120311 |  |   |
| GNC Enhanced Calcium                      | 485132 |  |   |
| GNC Calcium Citrate Plus                  | 119911 |  |   |
| GNC Calcium Plus                          | 096321 |  |   |
| GNC Calcium Citrate Malate                | 120311 |  |   |
| GNC Calcium Citrate Malate Plus           | 717111 |  |   |
| GNC Program JnT                           | 276411 |  |   |
| GNC Program OST                           | 356011 |  |   |
| GNC PY Cal Plus                           | 120511 |  |   |
| Preventive Nutrition Osteo Sure           | 712711 |  |   |
| Women's Cal-Plus                          | 080511 |  |   |
| Preventive Nutrition Bone Cocktail        | 716911 |  |   |
| GNC Fast Cal 500                          | 095411 |  |   |
| Nature's Northwest Calcium & Magnesium    | 961776 |  | Calcium and magnesium are essential for building bones & teeth. Zinc is important |
| with Zinc                                 |        |  | for wound healing and cellular repair.  |

| CAYENNE                     |        |     |  |
|-----------------------------|--------|-----|--|
| Natures Fingerprint Cayenne | 456911 | 100 | Cayenne provides dietary support for healthy digestive function. |
| *Herbal Plus Cayenne        | 406111 | 30  |  |
| *Herbal Plus Cayenne        | 406721 | 60  |  |

| CHROMIUM                               |        |  |   |
|--|--------|--|---|
| CGNC Chromium Picolinate TR            | 045411 |  | Chromium is involved in normal glucose utilization. |
| GNC Yeast Free Chromium Picolinate     | 009821 |  |   |
| Nature's Northwest Chromium Picolinate | 045975 |  |   |
| Nature's Northwest Chromium Picolinate | 045976 |  |   |
|  |        |  |   |

| CO Q-10                             |        |  |   |
|-------------------------------------|--------|--|---|
| Women's Maximum Nutrition System    | 358511 |  | Coenzyme Q-10 is involved in the process that produces cellular energy. |
| Preventive Nutrition Coenzyme Q10   | 718911 |  | CoQ10 is involved in the process that produces cellular energy .        |
| Softgel 30mg.                       |        |  |   |
| Preventive Nutrition CoQ10 Cocktail | 716811 |  |   |
| Nature's Northwest Coenzyme Q10     | 718976 |  |   |

| COPPER                              |        |  |  |
|-------------------------------------|--------|--|--|
| GNC Children's Chew SportsKids      | 126711 |  | Copper is involved in the process that produces cellular energy. |
| Women's VitaPak 50+                 | 356211 |  | Copper is required for proper nerve cell structure.              |
| Men's Live Well Formula             | 277311 |  |  |
| Pro Performance Antioxidant Formula | 759811 |  |  |

| CRANBERRY                    |        |  |   |
|------------------------------|--------|--|---|
| Women's UT Formula           | 246711 |  | Whole dried cranberry fruit helps maintain a healthy urinary tract. |
| Nature's Northwest Cranberry | 455775 |  |   |

| CREATINE                               |        |  |   |
|--|--------|--|---|
| Pro Performance Creatine Powder        | 677711 |  | Creatine provides support for immediate energy production for high intensity workouts and |
| Pro Performance Creatine Powder        | 677721 |  | is involved in energy production in skeletal muscles.                                     |
| Pro Performance Creatine Powder        | 677731 |  |   |
| Pro Performance Creatine Powder        | 677741 |  |   |
| Pro Performance Creatine Powder        | 677745 |  |   |
| Pro Performance Creatine Capsules      | 677811 |  |   |
| Pro Performance Creatine Chewables     | 750711 |  |   |
| Pro Performance Creatine Chewables     | 750911 |  |   |
| Challenge Creatine Powder              | 654060 |  |   |
| Challenge Creatine Powder              | 654065 |  |   |
| Pro Performance Creatine Plus          | 677751 |  |   |
| Pro Performance Creatine Plus          | 677755 |  |   |
| Pro Performance TP1 Increased Energy   | 762311 |  |   |
| Pro Performance Creatine CLA           | 756511 |  |   |
| Pro Performance Glutamine aKG Creatine | 756311 |  |   |

| DHA                        |        |  |  |
|----------------------------|--------|--|--|
| Fish Body Oils             | 277611 |  | DHA is important for visual function and neuronal integrity.                         |
| Salmon Oil                 | 133911 |  | DHA provides support for a normal healthy nervous system development normal, healthy |
| GNC Deodorized Omega 3 Oil | 277611 |  | blood and lipids.  |
| GNC DHA                    | 126321 |  | DHA which is important for normal vision function.                                   |
| GNC DHA                    | 126311 |  |  |
| Women's Vita Pak 50+       | 356211 |  |  |

| ECHINACEA                         |        |     |  |
|-----------------------------------|--------|-----|--|
| Natures Fingerprint Echinacea     | 457711 | 100 | Echinacea supports natural resistance. |
| Natures Fingerprint Echinacea     | 457721 | 200 |  |
| Informed Nutrition Echinagel      | 465711 | 30  |  |
| GNC Program WhT                   | 356211 |     |  |
| Nature's Northwest Echinacea Root | 457775 | 100 |  |

| ECHINACEA & GOLDENSEAL                  |        |  |  |
|---|--------|--|--|
| Nature's Northwest Echinacea&Goldenseal | 468075 |  | Echinacea supports natural resistance. |

| EPA                        |        |  |  |
|----------------------------|--------|--|--|
| Fish Body Oils             | 277611 |  | EPA is important for circulation cells.        |
| Salmon Oil                 | 133911 |  | EPA which is important for circulatory system. |
| GNC Deodorized Omega 3 Oil | 277611 |  |  |
| Women's VitaPak 50+        | 356211 |  |  |

| FOLIC ACID (FOLATE)              |        |  |  |
|----------------------------------|--------|--|--|
| Pro Performance Women Sport      | 761111 |  | Folic Acid is essential for proper DNA Formation.  |
| Protein Support                  |        |  |  |
| Women's Maximum Nutrition System | 358511 |  | Adequate folic acid in healthful diets may reduce a women's risk of having a child with a brain or spinal cord defect. |

| FOS                      |        |      |  |
|--------------------------|--------|------|--|
| Natural Brand FOS Caps   | 460611 | 100  | FOS helps acidophilus to flourish in the intestines. |
| Natural Brand FOS Powder | 428611 | 4 oz |  |

| GARLIC                                   |        |     |   |
|--|--------|-----|---|
| Natural Brand Triple Garlic w/Chloraseal | 030711 | 100 | Garlic has a positive effect on the cardiovascular system.                  |
| Natural Brand Triple Garlic w/Chloraseal | 030721 | 200 | Garlic provides dietary support for normal healthy cardiovascular function. |
| Natural Brand Odorless Triple Garlic     | 031311 | 100 |   |
| Natural Brand Odorless Triple Garlic     | 031321 | 200 |   |

| GARLIC (con't)                           |        |     |  |
|--|--------|-----|--|
| Natural Brand Triple Garlic Plus         | 045111 | 60  |  |
| Natural Brand Triple Garlic Plus         | 045121 | 120 |  |
| Natural Brand Ultimate Garlic            | 490215 | 30  |  |
| Natural Brand Ultimate Garlic            | 490216 | 60  |  |
| Natural Brand Odorless Garlic            | 036611 | 100 |  |
| Natural Brand Odorless Garlic            | 036621 | 200 |  |
| Natural Brand Super Garlic w/Chlorophyll | 036711 | 100 |  |
| Natural Brand Super Garlic w/Chlorophyll | 036811 | 100 |  |
| Natural Brand Garlic & Parsley           | 056211 | 100 |  |
| Natural Brand Garlic & Parsley           | 005311 | 250 |  |
| Herbal Plus Garlic*                      | 412511 |     |  |

| GINKGO BILOBA                          |        |     |   |
|--|--------|-----|---|
| Natural Brand Ginkgo Biloba            | 425311 | 120 | Ginkgo Biloba supports increased blood flow to the brain. |
| Natural Brand Ginkgo Biloba            | 425321 | 240 |   |
| Natural Brand Ginkgo Biloba Plus       | 421511 | 120 |   |
| Natures Fingerprint Ginkgo Biloba Plus | 455611 | 100 |   |
| Informed Nutrition Ginkgo Biloba       | 063311 | 30  |   |
| GNC Program IbF                        | 356111 |     | Ginkgo Biloba supports increased blood flow to the brain. |
| Nature's Northwest Ginkgo Biloba       | 455675 |     |   |

| GINGER                         |        |     |   |
|--------------------------------|--------|-----|---|
| Natures Fingerprint Ginger     | 459611 | 100 | Ginger provides dietary support for well-being during travel. |
| Nature's Northwest Ginger root | 459675 |     |   |

| GLUCOSAMINE SULFATE                    |        |  |  |
|--|--------|--|--|
| Pro Performance TP3 Joint Formula      | 759811 |  | Glucosamine Sulfate is a natural compound found in connective tissue |
| GNC Glucosamine                        | 085321 |  |  |
| GNC Glucosamine Sulfate                | 085311 |  |  |
| Nature's Northwest Glucosamine Sulfate | 085375 |  |  |

| GRAPE SEED                    |        |    |  |
|-------------------------------|--------|----|--|
| Informed Nutrition Grape seed | 468711 | 60 | Grape seed provides antioxidant support. |
| Phytonutramin Grape seed      | 709911 | 60 |  |
| Nature's Northwest Grape seed | 731475 |    |  |
| Nature's Northwest Grape seed | 720775 |    |  |

| GUARANA                            |        |     |  |
|------------------------------------|--------|-----|--|
| Optibolic Super Guarana Rush       | 262211 | 60  | Guarana contains caffeine which has invigorating properties. |
| Optibolic Super Guarana            | 410311 | 100 |  |
| Optibolic System Pyru-Phen         | 932611 |     |  |
| Optibolic X-Phedra w/CLA           | 273911 |     |  |
| Pro Performance SH X-Phedra        | 761611 |     |  |
| Pro Performance TP2 X-Phedra w/CLA | 761311 |     |  |
| Pro Performance Special Forces     | 753911 |     |  |

| HMB                 |        |  |   |
|---------------------|--------|--|---|
| Pro Performance HMB | 752811 |  | By supplementing your resistance training program with HMB and protein, you may improve net protein synthesis. HMB plays a role in decreasing protein breakdown during resistance training. |
|                     |        |  |   |
|                     |        |  |   |

| IRON  |        |  |  |
|---|--------|--|--|
| Pro Performance Raw Liver                   | 747011 |  | Is essential to building blood and transporting oxygen.      |
| Pro Performance Raw Liver                   | 747021 |  | Is involved in muscle function.                              |
| Pro RX                                      | 090938 |  | Is involved in muscle function.                              |
| Pro RX                                      | 090939 |  |  |
| Pro RX                                      | 090940 |  |  |
| Pro RX                                      | 090941 |  |  |
| GNC Women's Iron Complete                   | 013712 |  | Iron is essential to building blood and transporting oxygen. |
| Children's Multiple Vitamins + Minerals     | 048321 |  | Iron is involved in muscle function.                         |
| Children's Multiple Vit. and Min. + Calcium | 084411 |  | Iron is involved in energy utilization.                      |
| Children's Multi Vitamin + iron             | 038611 |  |  |
| GNC Multi-Gel                               | 112721 |  |  |
| GNC Multi-Gel                               | 112711 |  |  |
| Women's Pre-Natal Formula                   | 104511 |  |  |
| Women's Maximum Nutrition System            | 358511 |  |  |
| GNC Preventron                              | 058911 |  |  |
| GNC Women's Iron Complete                   | 013712 |  |  |

| KAVA KAVA                     |        |     |  |
|-------------------------------|--------|-----|--|
| Natures Fingerprint Kava Kava |        | 200 | Kava Kava provides dietary support for a calming effect. |
| Natures Fingerprint Kava Kava |        | 100 |  |
| Informed Nutrition Kavagel    |        | 30  |  |
| Nature's Northwest Cranberry  | 455375 |     |  |

| L-ARGININE                    |        |  |   |
|-------------------------------|--------|--|---|
| Nature's Northwest L-Arginine | 029075 |  | L-Arginine is involved in creatine formula. |



| L-CARNITINE                    |        |  |   |
|--------------------------------|--------|--|---|
| Nature's Northwest L-Carnitine | 037675 |  | L-Carnitine facilitates the metabolism of long chain fatty acids. |

| L-GLUTAMINE                    |        |  |   |
|--------------------------------|--------|--|---|
| Nature's Northwest L-Glutamine | 011175 |  | L-Glutamine plays a pivotal role in nitrogen balance in the body. |

| LACTOFERRIN |        |  |  |
|-------------|--------|--|--|
| Lactoferrin | 124711 |  | Lactoferrin enhances the availability of iron. |

| LECITHIN  |        |  |  |
|---|--------|--|--|
| GNC NAC/Glutathione                               | 124111 |  | Lecithin may help the body emulsify fat.   |
| GNC Lecithin Plus                                 | 119811 |  |  |
| GNC Optimized Lecithin 400mg                      | 078911 |  |  |
| GNC Optimized Lecithin 400mg                      | 078921 |  |  |
| GNC Lecithin Granules                             | 005625 |  |  |
| Nature's Northwest Lecithin Trans-Fatty Acid Free | 106475 |  | Lecithin may help the body emulsify fat and aid in the absorption of fat soluble vitamins. |

| MAGNESIUM                    |        |  |   |
|------------------------------|--------|--|---|
| Nature's Northwest Magnesium | 254075 |  | Magnesium is involved in nerve, skeletal muscle, heart and cell function and helps build bones. |

| MILK THISTLE                     |        |     |   |
|----------------------------------|--------|-----|---|
| Natures Fingerprint Milk Thistle | 456311 | 100 | Milk Thistle supports healthy liver function. |

| NAC                 |        |  |  |
|---------------------|--------|--|--|
| Pro Performance NAC | 763111 |  | NAC increases the availability of glutathione. |
| GNC NAC             | 251311 |  | Provides antioxidant system support.           |
| GNC NAC/Glutathione | 124111 |  |  |

| NIACIN                                     |        |  |  |
|--|--------|--|--|
| GNC Niacin 250mg                           | 251311 |  | Niacin functions as a coenzyme in glucose oxidation. |
| Nature's Northwest Niacin B-Complex Factor | 020075 |  |  |

| PLC                          |        |  |   |
|------------------------------|--------|--|---|
| Pro Performance Pyruvate PLC | 760311 |  | Improves muscle contractibility and supports cardiovascular health. |
|                              |        |  | Results in improved availability of L-Carnitine in the body.        |



| POTASSIUM                    |        |  |  |
|------------------------------|--------|--|--|
| Nature's Northwest Potassium | 256775 |  | Potassium is involved in the regulation of cellular water balance. |
|                              |        |  |  |

| POTASSIUM & MAGNESIUM                    |        |  |  |
|--|--------|--|--|
| Nature's Northwest Potassium & Magnesium | 257275 |  | Magnesium is involved in nerve, skeletal, muscle, heart and cell function. |
|  |        |  | Potassium is involved in the regulation of cellular water balance.         |
|  |        |  |  |

| PROTEIN                |        |  |   |
|------------------------|--------|--|---|
| Challenge Soy Solution | 653955 |  | Protein is a natural source of amino acids, which your body consumes during strenuous activity. |
|                        |        |  |   |

| PYRUVATE                   |        |  |  |
|----------------------------|--------|--|--|
| Pro Performance Pyruvate   | 884561 |  | Some of the most recent testing has established that pyruvate improves the availability of energy. |
| Pro Performance Pyruvate   | 884562 |  |  |
| Optibolic System Pyru-Phen | 932611 |  |  |
| Optibolic Pyruvate         | 274211 |  |  |

| PSYLLIUM               |        |    |   |
|------------------------|--------|----|---|
| Natural Brand Psyllium | 024011 | 90 | Psyllium provides dietary fiber for digestive health. |

| SAW PALMETTO                         |        |     |   |
|--------------------------------------|--------|-----|---|
| Nature Fingerprint Saw Palmetto      | 455211 | 100 | Saw Palmetto supports normal prostate function. |
| Natures Fingerprint Saw Palmetto     | 455221 | 200 |   |
| Informed Nutrition Palmetogel        | 465911 | 30  |   |
| Herbal Plus Saw Palmetto             | 405511 | 30  |   |
| Herbal Plus Saw Palmetto             | 405512 | 60  |   |
| GNC Men's Saw Palmetto Formula       | 358921 |     |   |
| GNC Men's Ultra Saw Palmetto Formula | 062021 |     |   |
| GNC Men's Ultra Saw Palmetto Formula | 062031 |     |   |
| Nature's Northwest Saw Palmetto      | 455275 |     |   |

| SELENIUM                              |        |  |  |
|---------------------------------------|--------|--|--|
| GNC Women's GHEA Vita Pak             | 356511 |  | Selenium and Vitamin E are important for cellular health and growth in the body.               |
| GNC Vitamin E w/Selenium              | 077911 |  | Selenium and Vitamin E which are a powerful anti-oxidant combination.                          |
| Women's VitaPak 50+                   | 356211 |  | Selenium supports the antioxidant activity of vitamin E, which protects against free radicals. |
| GNC Selenium 200mcg                   | 044411 |  |  |
| Nature's Northwest Selenium Protector | 005775 |  |  |
| Antioxidant                           |        |  |  |

| VITAMIN B                               |        |     |   |
|---|--------|-----|---|
| GNC TR Big 150                          | 051211 |     | B-vitamins are essential for Carbohydrate metabolism and energy production. |
| Children's Chew SportsKids              | 126711 |     |   |
| Men's Live Well Formula                 | 277311 |     |   |
| GNC Women's DHEA Vita Pak               | 356511 |     |   |
| GNC TR Big 50                           | 050821 |     |   |
| GNC Big 100                             | 013121 |     |   |
| GNC Solotron                            | 101622 |     |   |
| Children's Multi Vitamins Plus Minerals | 048321 |     |   |
| Children's Multi Vita. & Mins + Calcium | 08441  |     |   |
| Children's Multi Vitamin Plus Iron      | 038611 |     |   |
| GNC Multi-gel                           | 112721 |     |   |
| GNC Multi-gel                           | 112711 |     |   |
| GNC Solotron Plus                       | 095711 |     |   |
| GNC Solotron                            | 101612 |     |   |
| GNC Solotron                            | 101642 |     |   |
| Women's Pre-Natal Formula               | 104511 |     |   |
| Women's Maximum Nutrition System        | 358511 |     |   |
| Men's Maximum Nutrition System          | 358411 |     |   |
| Men's DHEA Vita Pak                     | 543411 |     |   |
| GNC Preventron                          | 058911 |     |   |
| GNC Brewer's Yeast                      | 000551 |     |   |
| Women's VitaPak 50+                     | 356211 |     | B-Vitamins which are essential for energy production.                       |
| Women's Menopause Vitapak               | 357911 |     |   |
| Women's VitaPak 50+                     | 356211 |     |   |
| Women's Menopause Vitapak               | 357911 |     |   |
| Nature's Northwest Vitamin B-50         | 018975 | 100 |   |
| Whole Rice Complex                      |        |     |   |

| VITAMIN B-1                             |        |  |   |
|---|--------|--|---|
| Pro Performance TP3 Antioxidant Formula | 759811 |  | Vitamin B1 is essential for proper nerve and muscle function. |

| VITAMIN B-2                             |        |  |   |
|---|--------|--|---|
| Pro Performance TP3 Antioxidant Formula | 759811 |  | Vitamin B2 is essential for metabolism and energy production. |

| VITAMIN B2, VITAMIN B-12 |        |  |                                     |
|--------------------------|--------|--|-------------------------------------|
| Pro RX                   | 090938 |  | Are essential to energy production. |
| Pro RX                   | 090939 |  |                                     |
| Pro RX                   | 090940 |  |                                     |
| Pro RX                   | 090941 |  |                                     |

| SELENIUM (con't)                      |        |  |   |
|---------------------------------------|--------|--|---|
| Nature's Northwest Selenium Protector | 004775 |  |   |
| Antioxidant                           |        |  |   |
| GNC Selenium 200mcg                   | 044421 |  | Selenium is an essential mineral which helps build antioxidant enzymes in the body. |
| Pro Performance Vanadyl Plus          | 675611 |  |   |
| Nature's Northwest Selenium Selenomax | 044475 |  |   |

| TMG          |        |  |  |
|--------------|--------|--|--|
| TMG          | 128611 |  | TMG helps convert homocysteine to methionine, which is a non-toxic amino acid. |
| TMG Complete | 702411 |  |  |

| VALERIAN                          |        |     |                                  |
|-----------------------------------|--------|-----|----------------------------------|
| Herbal Plus Valerian Root         | 407511 | 30  | Valerian promotes restful sleep. |
| Herbal Plus Valerian Root         | 407512 | 100 |                                  |
| Informed Nutrition Valerigel      | 465811 | 30  |                                  |
| Natures Fingerprint Valerian Root | 457411 | 100 |                                  |
| Nature's Northwest Valerian Root  | 457475 |     |                                  |

| VITAMIN A                 |        |  |   |
|---------------------------|--------|--|---|
| Pro Performance Raw Liver | 747011 |  | Acts as an important antioxidant.         |
| GNC Multi-gel             | 112721 |  | Vitamin A is essential for normal vision. |
| GNC Multi-gel             | 112711 |  | Vitamin A is necessary for normal vision. |
| GNC Solotron Plus         | 095711 |  |   |

| VITAMIN A (con't)                 |        |  |  |
|-----------------------------------|--------|--|--|
| GNC Solotron                      | 101612 |  |  |
| GNC Solotron                      | 101642 |  |  |
| Women's Maximum Nutrition System  | 358511 |  |  |
| Men's Maximum Nutrition System    | 358411 |  |  |
| Men's DHEA Vita Pak               | 543411 |  |  |
| Women's VitaPak 50+               | 356211 |  |  |
| GNC Kosher/Vegetarian Vitamin A&D | 065111 |  |  |
| GNC Solotron                      | 101622 |  |  |
| Pro Performance Raw Liver         | 747021 |  |  |

| VITAMIN A & D                    |        |  |   |
|----------------------------------|--------|--|---|
| Nature's Northwest Vitamin A & D | 065175 |  | Vitamin A is necessary for normal vision. Vitamin D is necessary for healthy teeth and bones. |
|                                  |        |  |   |

| VITAMIN B-6                             |        |     |  |
|---|--------|-----|--|
| Pro Performance TP3 Antioxidant Formula | 759811 |     | Vitamin B6 is essential for nervous system function. |
| Nature's Northwest Vitamin B-6          | 100875 | 100 |  |
| B-Complex Factor                        |        |     |  |
| Nature's Northwest Vitamin B-6          | 255275 | 100 |  |
| B-Complex Factor                        |        |     |  |

| VITAMIN B12                             |        |     |   |
|---|--------|-----|---|
| Pro Performance TP3 Antioxidant Formula | 759811 |     | Vitamin B12 is essential for energy production and red blood cells. |
| GNC Vitamin B-12                        | 050921 |     |   |
| Nature's Northwest Vitamin B-12         | 099375 | 100 |   |
| B-Complex Factor                        |        |     |   |
| Nature's Northwest Vitamin B-12         | 016975 | 90  |   |
| B-Complex Factor                        |        |     |   |

| VITAMIN C                                |        |  |                                   |
|--|--------|--|-----------------------------------|
| Pro Performance Raw Liver                | 747011 |  | Acts as an important antioxidant. |
| Pro Performance Raw Liver                | 747021 |  |                                   |
| GNC Program CO                           | 356412 |  |                                   |
| Children's Multiple Vitamins + Minerals  | 048321 |  |                                   |
| Children's Multiple Vit. &Min. + Calcium | 084411 |  |                                   |
| Children's Multi Vitamin Plus Iron       | 038611 |  |                                   |
| GNC Multi-Gel                            | 112721 |  |                                   |
| GNC Multi-Gel                            | 112711 |  |                                   |
| GNC Solotron Plus                        | 095711 |  |                                   |
| GNC Solotron                             | 101612 |  |                                   |
| GNC Solotron                             | 101642 |  |                                   |
| Women's Pre-Natal Formula                | 104511 |  |                                   |
| Women's Maximum Nutrition System         | 358511 |  |                                   |
| Men's Maximum Nutrition System           | 358411 |  |                                   |
| Men's DHEA VitaPak                       | 543411 |  |                                   |
| GNC Chewable Vitamin C 300mg             | 092411 |  |                                   |
| GNC Vitamin C Bioflavinoid               | 246511 |  |                                   |
| GNC One Gram Vitamin C                   | 017581 |  |                                   |
| GNC Citrus Free Vitamin C 1000mg         | 087911 |  |                                   |
| GNC Buffered C 1000mg                    | 106311 |  |                                   |
| GNC Chewable Buffered Vitamin C 500mg    | 087611 |  |                                   |
| Children's Chew SportsKids               | 126711 |  |                                   |
| Vitamin C Ester C 1000mg TR              | 082111 |  |                                   |
| Vitamin C Ester C 50mg TR                | 080711 |  |                                   |

| VITAMIN C (con't.)                     |        |     |  |
|--|--------|-----|--|
| GNC Vitamin C w/Bioflavonoids          | 083111 |     |  |
| Women's Cal-Plus                       | 080511 |     |  |
| GNC Women's DHEA Vita Pak              | 356511 |     |  |
| Men's Live Well Formula                | 277311 |     |  |
| GNC Crystals Vitamin C                 | 049421 |     |  |
| GNC Vitamin C Powder                   | 049431 |     |  |
| GNC Vitamin C w/Quercitin              | 124611 |     |  |
| GNC Chewable C 500mg w/Citrus          | 133411 |     |  |
| GNC Solotron                           | 101622 |     |  |
| GNC Preventron                         | 058911 |     |  |
| GNC One Half Gram Vitamin C            | 099413 |     | Vitamin C is essential for healthy bones, teeth, blood vessels and collagen. |
| GNC Chewable Vitamin C w/Rose Hips     | 091511 |     |  |
| GNC Chewable Vitamin C Cherry Drops    | 091511 |     |  |
| GNC Chew. Vit. C with Citrus C Complex | 133531 |     |  |
| GNC Chewable/Sugar Free Vitamin C      | 096711 |     |  |
| Nature's Northwest Vitamin C           | 99475  | 100 |  |
| Plus Rose Hips                         |        |     |  |
| Nature's Northwest Vitamin C           | 99476  | 250 |  |
| Plus Rose Hips                         |        |     |  |
| Nature's Northwest Vitamin C Protector | 3775   | 100 |  |
| Antioxidant                            |        |     |  |
| Nature's Northwest Vitamin C Protector | 99275  | 100 |  |
| Antioxidant                            |        |     |  |
| Nature's Northwest Vitamin C Protector | 99276  | 250 |  |
| Antioxidant                            |        |     |  |
| Nature's Northwest Vitamin C with      | 17575  | 90  |  |
| Bioflavonoids                          |        |     |  |
| Nature's Northwest Vitamin C with      | 96475  | 100 |  |
| Bioflavonoids                          |        |     |  |
| Nature's Northwest Vitamin C and       | 93075  | 90  | Echinacea supports natural resistance.                                       |
| Echinacea Root                         |        |     |  |

| VITAMIN D                               |        |  |   |
|---|--------|--|---|
| Children's Multiple Vitamins + Minerals | 048321 |  | Vitamin D is necessary for healthy teeth and bones. |
| Children's Multi Vita. & Min. + Calcium | 084411 |  |   |
| Children's Multi Vitamin Plus Iron      | 038611 |  |   |
| GNC Multi-gel                           | 112721 |  |   |
| GNC Multi-gel                           | 112711 |  |   |
| GNC Solotron Plus                       | 095711 |  |   |
| GNC Solotron                            | 101612 |  |   |

| VITAMIN D (con't.)                |        |  |  |
|-----------------------------------|--------|--|--|
| GNC Solotron                      | 101642 |  |  |
| Women's Pre-Natal Formula         | 104511 |  |  |
| Women's Maximum Nutrition System  | 358511 |  |  |
| Men's Maximum Nutrition System    | 358411 |  |  |
| Men's DHEA VitaPak                | 543411 |  |  |
| Men's Live Well Formula           | 277311 |  |  |
| Women's Cal-Plus                  | 080511 |  |  |
| GNC Women's DHEA VitaPak          | 356511 |  |  |
| GNC Kosher/Vegetarian Vitamin A&D | 065111 |  |  |
| GNC Solotron                      | 101622 |  |  |
| GNC Preventron                    | 058911 |  |  |

| VITAMIN E                                   |        |     |  |
|---|--------|-----|--|
| Pro Performance TP3 Antioxidant Formula     | 759811 |     | Vitamin E your body uses as a free-radical scavenger.  |
| Pro Performance Women Sport Protein Support | 761111 |     | Is essential for the functioning of red blood cells and helps maintain the proper function of the cardiovascular system. |
| Women's Menopause VitaPak                   | 357911 |     |  |
| GNC Preventron                              | 058911 |     | Vitamin E helps maintain the proper function of the cardiovascular system.   |
| GNC Natural Vitamin E                       | 077711 | 90  |  |
| GNC Natural Vitamin E                       | 086832 | 120 |  |
| GNC Children's chew SportsKids              | 126711 |     | Vitamin E protects cellular membranes against the injurious effect of excessive free radicals.                           |
| Men's Live Well Formula                     | 277311 |     |  |
| GNC Program CS                              | 355911 |     |  |
| GNC Vitamin E w/Selenium                    | 077911 |     |  |
| Women's Cal-Plus                            | 080511 |     |  |
| GNC Solotron                                | 101622 |     |  |
| Children's Multiple Vitamins Plus Min.      | 048321 |     |  |
| Children's Multiple Vit. & Min +Calcium     | 084411 |     |  |
| Children's Multi Vitamin + Iron             | 038611 |     |  |
| GNC Multi-gel                               | 112721 |     |  |
| GNC Multi-gel                               | 112711 |     |  |
| GNC Solotron Plus                           | 095711 |     |  |
| GNC Solotron                                | 101612 |     |  |
| GNC Solotron                                | 101642 |     |  |
| Women's Pre-Natal Formula                   | 104511 |     |  |
| Women's Maximum Nutrition System            | 358511 |     |  |
| Men's Maximum Nutrition System              | 358411 |     |  |
| Fish Body Oils                              | 014562 |     |  |
| Men's DHEA Vita Pak                         | 543411 |     |  |

| VITAMIN E (con't.)                                     |        |     |  |
|--|--------|-----|--|
| Nature's Northwest Vitamin E with<br>Mixed Tocopherols | 077875 | 90  |  |
| Nature's Northwest Vitamin E with<br>Mixed Tocopherols | 077876 | 180 |  |
| Nature's Northwest Vitamin E with<br>Mixed Tocopherols | 089875 | 60  |  |

| ZINC                                    |        |  |  |
|---|--------|--|--|
| GNC Children's Chew SportsKids          | 126711 |  | Zinc is important for wound healing and cellular repair. |
| GNC Solotron Plus                       | 101622 |  | Zinc is essential for wound healing and cellular repair. |
| GNC Solotron                            | 095711 |  | Zinc is required for normal reproduction function.       |
| GNC Solotron                            | 101612 |  |  |
| GNC Solotron                            | 101642 |  |  |
| Men's Maximum Nutrition System          | 358411 |  |  |
| Men's DHEA VitaPak                      | 543411 |  |  |
| Pro Performance TP3 Antioxidant Formula | 759811 |  |  |